

# Moon Festival Play Date

**MIT** CHINA CARE *Club*

# The Moon Festival

a.k.a. “Mid-Autumn Festival” or “Reunion Festival”

Mid-Autumn Festival (中秋节 zhōng qiū jié)

Reunion Festival (团圆节 tuán yuán jié)

## Dates:

- Lunar Calendar, 8<sup>th</sup> month, 15<sup>th</sup> day
- Sept 12<sup>th</sup>, 2011; Sept 30<sup>th</sup>, 2012

# *Traditional Activities: Moon Gazing*

- Moon (月 yuè)                      Moon Gazing (赏月 shǎng yuè)
- The moon is the roundest and biggest every year on the Lunar 8<sup>th</sup> month and 15<sup>th</sup> day
- The roundness of the moon symbolizes completeness
- Families gather at this time to gaze at the fullness and beauty of the moon together, hence the nickname “Reunion Festival”



# Traditional Activities: Mooncake

- Mooncake (月饼 yuè bǐng)
- Mooncakes are a type of pastry made for the Moon Festival
- The round shape imitates the fullness of the moon, and symbolizes completeness
- Common ingredients:
  - Lotus Seed Paste      莲蓉      *lián róng*
  - Sweet Bean Paste      豆沙      *dòu shā*
  - Jujube Paste      枣泥      *zǎo ní*
  - Fiver Kernel      五仁      *wǔ rén*





# Traditional Activities: Lantern

- Lantern (灯笼 dēng lóng)
- Children often carry a lantern when going moon gazing at night with their parents
- Lanterns are also used as decorations





# *Legend of the Moon Festival*

It's storytelling time! Please gather around the puppet theater!

Chang'E (嫦娥 *Cháng'é*)

# Lantern Making Time!

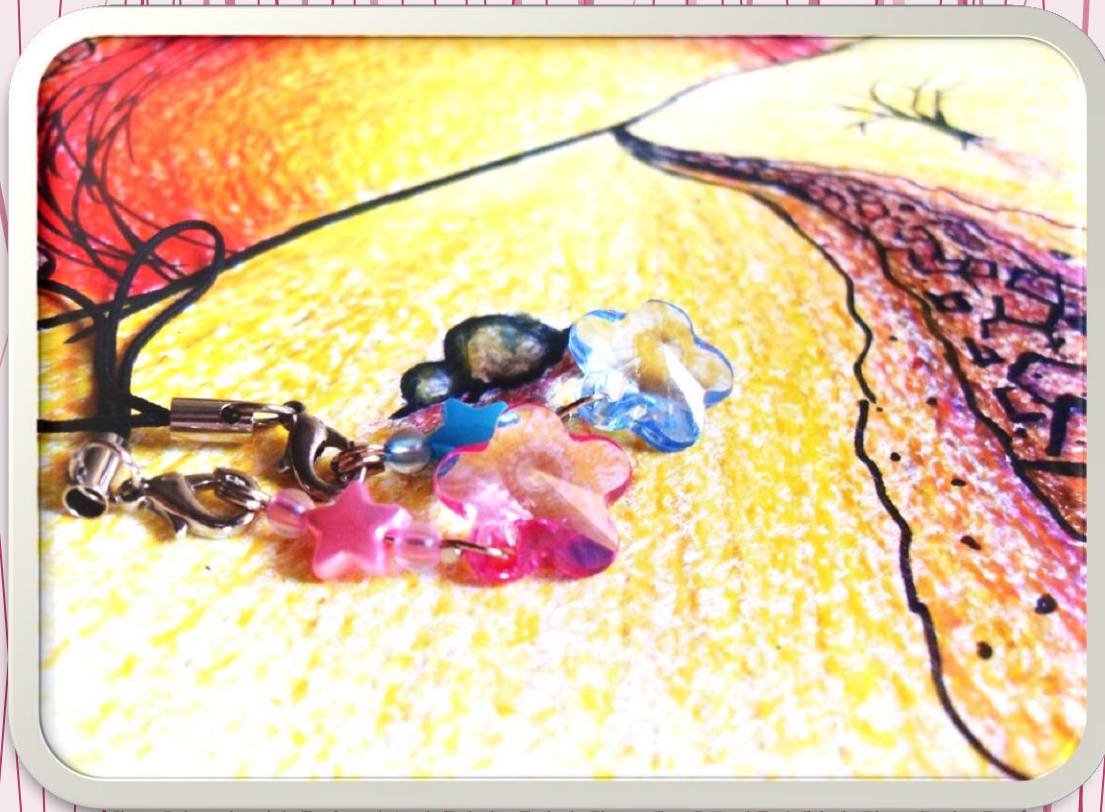






# *Mooncake and Fruit Eating*





## *Feedback and Souvenirs*



*We hope to see you  
again next time!*