

# 踢毽子



The name 踢毽子 (ti jian zi), (“ti” = kick, “jian zi” = little shuttlecock) literally means “shuttlecock kicking.” The game is also known as “Chinese hacky sack.”

Jianzi has been played since the Han Dynasty and was popular during the Six Dynasties period and the Sui and Tang dynasties.

The game came to Europe in 1936, when a Chinese athlete from the province of Jiangsu demonstrated Jianzi at the 1936 Summer Olympics in Berlin.



### Questions about our clubs?

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### Playgroup questions?

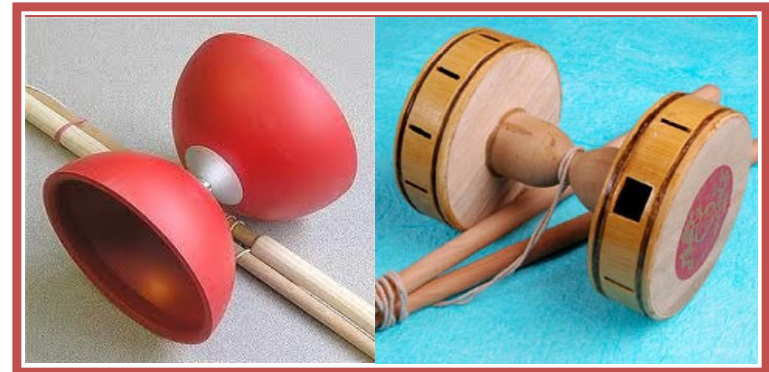
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# 扯鈴



The Chinese yo-yo, or 扯鈴 (che líng, “che” = pull, “líng” = sound), can be traced back to as far as the Ming dynasty, which occurred around 1386-1644.

Some Chinese yo-yos have a grooved inset in the rim of the discs, which causes sound.



Chinese yo-yos were traditionally made of bamboo, which was very easy to break. Modern models are now made of plastic for added durability. The sticks used with the yo-yo continue to be made of wood.

# 找朋友



Zhao Peng You (Finding Friends) is a game that requires 4 or more players.

The object of this game is to walk in a circle while tapping on each child's head until one is finally chosen to be the new picker (friend).

The "friend" then rises to chase and tag the "picker", while the "picker" tries to return to and sit at the place where the "friend" had been sitting.



## BU-MIT Dumplings Playgroup: Chinese Games

