Moon Festival Play Date

MiT CHINA CARE Club
The Moon Festival

a.k.a. “Mid-Autumn Festival” or “Reunion Festival”

Mid-Autumn Festival (中秋节 zhōng qiū jié)
Reunion Festival (团圆节 tuán yuan jié)

Dates:

• Lunar Calendar, 8th month, 15th day
• Sept 12th, 2011; Sept 30th, 2012
Traditional Activities: Moon Gazing

• Moon (月 yuè) Moon Gazing (賞月 shǎng yuè)
• The moon is the roundest and biggest every year on the Lunar 8th month and 15th day
• The roundness of the moon symbolizes completeness
• Families gather at this time to gaze at the fullness and beauty of the moon together, hence the nickname “Reunion Festival”
Traditional Activities: Mooncake

• Mooncake (月饼 yuè bǐng)
• Mooncakes are a type of pastry made for the Moon Festival
• The round shape imitates the fullness of the moon, and symbolizes completeness
• Common ingredients:
  • Lotus Seed Paste 莲蓉 lián róng
  • Sweet Bean Paste 豆沙 dòu shā
  • Jujube Paste 枣泥 zǎo ní
  • Fiver Kernel 五仁 wǔ rén
Traditional Activities: Lantern

- Lantern (灯笼 dēng lóng)
- Children often carry a lantern when going moon gazing at night with their parents
- Lanterns are also used as decorations
Legend of the Moon Festival

It’s storytelling time! Please gather around the puppet theater!

Chang’E (嫦娥 Cháng’é)
Lantern Making Time!
Mooncake and Fruit Eating
Feedback and Souvenirs
We hope to see you again next time!